## What is claimed is:

1. A 2,6-substituted piperidino compound and pharmaceutically effective salts thereof, including resolved diasteriomers, enantiomers thereof, comprising the following formula:

$$R^{3}$$
  $X^{2}$   $X^{2}$   $X^{2}$   $X^{1}$   $X^{1}$   $X^{1}$   $X^{2}$   $X^{2$ 

wherein

n is an integer from 0 to 3;

X<sup>1</sup> represents CH<sub>2</sub>;

Y<sup>1</sup> represents CHOH or C=O;

 $X^2$ --- $Y^2$  represents a *cis*-carbon-carbon double bond or a *trans*-carbon-carbon double bond;

Z represents CH;

R<sup>1</sup> and R<sup>4</sup> are the same or independently different from one another and represent hydrogen or a lower straight chain or branched alkyl;

R<sup>2</sup> and R<sup>3</sup> are the same or are independently different from one another and represent a saturated or unsaturated hydrocarbon ring, or an ortho, meta or para-substituted benzene.

- 2. The compound of claim 1, wherein  $R^2$  and  $R^3$  are benzene rings.
- 3. The compound of claim 2, wherein  $R^1$  is hydrogen, methyl, ethyl or propyl.
- 4. The compound of claim 1, wherein R<sup>2</sup> and R<sup>3</sup> are substituted benzenes containing at least one substituent selected from the group consisting of methyl, ethyl, propyl, isopropyl, butyl, sec-butyl, isobutyl, carboxaldehyde, acetoxy, propionyloxy, isopropionyloxy, acetyl,

propionyl, formyl, benzoyl, hydroxyl, methoxy, ethoxy, propoxy, isopropoxy, fluoro, chloro, bromo, iodo, and trifluoromethyl.

- 5. The compound of claim 1, wherein said compound is selected from the group consisting of N-methyl-2R-phenacyl-6S-*trans*-styrylpiperdine, *cis*-10R,2S,6R-N-methyl-6-[1-(2-hydroxy-2-phenyl)-ethyl]-2-*trans*-styrylpiperidine, *cis*-10S,2S,6R-N-methyl-6-[1-(2-hydroxy-2-phenyl)-ethyl]-2-*trans*-styrylpiperidine, N-methyl-2R-phenacyl-6S-*trans*-styrylpiperidine, N-methyl-2R-(2R-hydroxy-2-phenethyl)-6S-*trans*-styrylpiperidine, N-methyl-2R-(2S-hydroxy-2-phenethyl)-6S-*trans*-styrylpiperidine, and N-methyl-2R-(2-phenethyl)-6S-*trans*-styrylpiperidine.
- 6. A 2,6-substituted piperidino compound and pharmaceutically effective salts thereof, including resolved diasteriomers, enantiomers thereof, comprising the following formula:

$$R^{3}$$
  $X^{2}$   $X^{2}$   $X^{2}$   $X^{1}$   $X^{1}$   $X^{1}$   $X^{2}$   $X^{2}$   $X^{2}$   $X^{1}$   $X^{2}$   $X^{2$ 

wherein:

n = 0, 1, 2, or 3;

 $X^1$ --- $Y^1$  represents a *cis*-carbon-carbon double bond or a *trans*-carbon-carbon double bond;

X<sup>2</sup> represents CH<sub>2</sub>;

Y<sup>2</sup> represents CHOH or C=O;

Z represents CH;

R<sup>1</sup> and R<sup>4</sup> are the same or independently different from one another and represent hydrogen or a lower straight chain or branched alkyl;

R<sup>2</sup> and R<sup>3</sup> are the same or are independently different from one another and represent a saturated or unsaturated hydrocarbon ring, or an ortho, meta or para-substituted benzene.

- 7. The compound of claim 6, wherein  $R^2$  and  $R^3$  are benzene rings.
- 8. The compound of claim 6, wherein R<sup>1</sup> is hydrogen, methyl, ethyl or propyl.
- 9. The compound of claim 6, wherein R<sup>1</sup> is hydrogen, methyl, ethyl or propyl.
- 10. The compound of claim 6, wherein R<sup>2</sup> and R<sup>3</sup> are substituted benzenes containing at least one substituent selected from the group consisting of methyl, ethyl, propyl, isopropyl, butyl, sec-butyl, isobutyl, carboxaldehyde, acetoxy, propionyloxy, isopropionyloxy, acetyl, propionyl, formyl, benzoyl, hydroxyl, methoxy, ethoxy, propoxy, isopropoxy, fluoro, chloro, bromo, iodo, and trifluoromethyl.
- 11. The compound of claim 6, wherein the compound is selected from the group consisting of N-methyl-2R-trans-styryl-6S-(2-phenethyl)piperidine and N-methyl-2S-trans-styryl-6S-(2-phenethyl)piperidine.
- 12. A 2.6-substituted piperdino compound and pharmaceutically effective salts thereof following formula:

wherein

 $R_5$  represents hydrogen, methyl, deuteromethyl (CD<sub>3</sub>), tritiomethyl (CT<sub>3</sub>), ethyl, or C<sub>3</sub>-C<sub>7</sub> straight chain or branched alkyl, C<sub>3</sub>-C<sub>6</sub> cycloalkyl, vinyl, allyl, C<sub>4</sub>-C<sub>7</sub> alkenyl, benzyl, and phenylethyl; and

R<sub>6</sub> and R<sub>7</sub> represent hydrogen, methyl, ethyl, C<sub>3</sub>-C<sub>7</sub> straight chain or branched alkyl, C<sub>3</sub>-C<sub>6</sub> cycloalkyl, vinyl, allyl, C<sub>4</sub>-C<sub>7</sub> alkenyl, benzyl, phenylethyl, N-methylamino, N,N-dimethylamino, carboxylate, methylcarboxylate, ethylcarboxylate, propylcarboxylate,

isopropylcarboxylate, carboxaldehyde, acetoxy, propionyloxy, isopropionyloxy, cyano, aminomethyl, N-methylaminomethyl, N,N-dimethylaminomethyl, carboxamide, N-methylcarboxamide, N,N-dimethylcarboxamide, acetyl, propionyl, formyl, benzoyl, sulfate, methylsulfate, hydroxyl, methoxy, ethoxy, propoxy, isopropoxy, thiol, methylthio, ethylthio, propiothiol, fluoro, chloro, bromo, iodo, trifluoromethyl, propargyl, nitro, carbamoyl, ureido, azido, isocyanate, thioisocyanate, hydroxylamino, and nitroso.

- 13. The compound of claim 12, wherein R<sup>1</sup> is hydrogen, methyl, ethyl or propyl.
- 14. The compound of claim 12, wherein the compound is selected from the group consisting of N-methyl-2,6-cis-di-trans-styrylpiperidine, N-methyl-2S,6S-trans-di-trans-styrylpiperidine, and N-methyl-2R,6R-trans-di-trans-styrylpiperidine.
- 15. A 2,6-substituted piperidino or a 2,6-substituted piperazino compound and pharmaceutically effective salts thereof, including resolved diasteriomers, enantiomers thereof, comprising the following formula:

$$R^{3}$$
  $X^{2}$   $X^{2}$   $X^{2}$   $X^{1}$   $X^{1}$   $X^{1}$   $X^{1}$   $X^{2}$   $X^{2}$   $X^{2}$   $X^{1}$   $X^{1}$   $X^{2}$   $X^{2}$ 

wherein

n is an integer from 0 to 3;

 $X^1$ --- $Y^1$  and  $X^2$ --- $Y^2$  are the same or independently different and represent a CH<sub>2</sub>-CH<sub>2</sub> or CH<sub>2</sub>-CHOH;

Z-R<sup>4</sup> represents N-R<sup>4</sup>, CH-R<sup>4</sup> or C=O, where R<sup>4</sup> is hydrogen or a lower straight chain or branched alkyl;

R<sup>1</sup> represents hydrogen or a lower straight chain or branched alkyl; or when when Z is CH-R<sup>4</sup>, R<sup>1</sup> and R<sup>4</sup> together form a ring including a -CH<sub>2</sub>-, -O-CH<sub>2</sub>-O-, -CH<sub>2</sub>CH<sub>2</sub>-, -CH<sub>2</sub>CH<sub>2</sub>-CH<sub>2</sub>-, -cis-CH=CH, -cis-CH<sub>2</sub>-CH=CH- or -cis-CH<sub>2</sub>=CH-CH<sub>2</sub>- moiety;

R<sup>2</sup> and R<sup>3</sup> are the same or are independently different from one another and represent a saturated or unsaturated hydrocarbon ring, or an ortho, meta or para-substituted benzene.

- 16. The compound of claim 15, wherein R<sup>1</sup> is hydrogen, methyl, ethyl or propyl.
- 17. The compound of claim 15, wherein  $R^2$  and  $R^3$  are benzene rings.
- 18. The compound of claim 15, wherein R<sup>2</sup> and R<sup>3</sup> are substituted benzenes containing at least one substituent selected from the group consisting of methyl, ethyl, propyl, isopropyl, butyl, sec-butyl, isobutyl, carboxaldehyde, acetoxy, propionyloxy, isopropionyloxy, acetyl, propionyl, formyl, benzoyl, phenyl, hydroxyl, methoxy, ethoxy, propoxy, isopropoxy, fluoro, chloro, bromo, iodo, and trifluoromethyl.
  - 19. The compound of claim 15, wherein  $R^2$  and  $R^3$  are napthyl or diphenyl groups.
  - 20. The compound of claim 15, wherein Z is N-R<sup>4</sup>.
  - 21. The compound of claim 15, wherein Z is CH-R<sup>4</sup>.
- 22. The compound of claim 14, wherein the compound is selected from the group consisting of *cis*-10R,2S,6R- and *cis*-10S,2S,6R-N-methyl-6-[1-(2-hydroxy-2-phenyl)-ethyl]-2-*trans*-styrylpiperidine, *cis*-2S,6R-N-methyl-6-[1-(2-hydroxy-2-phenyl)ethyl]-2-phenylethylpiperidine, 2S,6R, 8S-2-[6-(β-*para*-toluenesulfonyloxyphenethyl)-1-methyl-2-piperidyl]-acetophenone, N-Methyl-2R-(2R-hydroxy-2-phenethyl)-6S-(2-phenethyl) piperidine, N-methyl-2R-(2S-hydroxy-2-phenethyl) piperidine, N-methyl-2,6-*cis*-di-(2-phenethyl)piperidine, 2,6-*cis*-diphenethylpiperidine, N-ethyl-2,6-*cis*-diphenethylpiperidine, N-methyl-2,6-*cis*-di-(3,4-methylenedioxyphenethylpiperidine, N-methyl-2,6-*cis*-di-(3,4-methylenedioxyphenethyl)piperidine, N-methyl-2S,6S-*trans*-di-(2-phenethyl)piperidine, N-methyl-2R,6R-*trans*-di-(2-phenethyl)piperidine, 2,6-*cis*-di-(*o*-fluorophenethyl)piperidine, 2,6-*cis*-di-(*m*-fluorophenethyl)piperidine, N-methyl-2,6-*cis*-di-(*m*-fluorophenethyl)piperidine, 2,6-*cis*-di-(*p*-fluorophenethyl)piperidine, 2,6-*cis*-

fluorophenethyl)piperidine, N-methyl-2,6-cis-di-(p-fluorophenethyl)-piperidine, 2,6-cis-di-(o-methoxyphenethyl)piperidine, N-methyl-2,6-cis-di-(o-methoxyphenethyl)piperidine, 2,6-cis-di-(m-methoxyphenethyl)piperidine, N-methyl-2,6-cis-di-(m-methoxyphenethyl)piperidine, 2,6-cis-di-(p-methoxyphenethyl)piperidine, 2,6-cis-di-(p-methoxyphenethyl)piperidine, 2,6-cis-di-(p-methyl)piperidine, 2,6-cis-di-(m-methyl)piperidine, N-methyl-2,6-cis-di-(m-trifluoromethyl)piperidine, N-methyl-2,6-cis-di-(m-trifluoromethyl)piperidine, 2,6-cis-di-(p-phenylphenethyl)piperidine, N-methyl-2,6-cis-di-(p-phenylphenethyl)piperidine, 2,6-cis-di-(p-hydroxymethylphenethyl)-piperidine, 2,6-cis-di-(p-acetoxymethylphenethyl)piperidine, 2,6-cis-di-(2, 4-dichlorophenethyl)piperidine, N-methyl-2,6-cis-di-(2,4-dichlorophenethyl)piperidine, 2,6-cis-di-(1-naphthalen-ethyl)piperidine, N-methyl-2,6-cis-di-(1-naphthalenethyl)piperidine, 2,6-cis-di-(2-naphthalen-ethyl)piperidine, N-methyl-2,6-cis-di-(2-naphthalenethyl)piperidine, 2,6-cis-di-(2-naphthalenethyl)piperidine, N-methyl-2,6-cis-di-(2-naphthalenethyl)piperidine, 2,6-cis-di-(2-naphthalenethyl)piperidine, N-methyl-2,6-cis-di-(2-naphthalenethyl)piperidine, N-methyl-2,6-cis-di-(2-naphthalenethyl

23. A 2,6-substituted piperidino or a 2,6-substituted piperazino compound and pharmaceutically effective salts thereof, including resolved diasteriomers, enantiomers thereof, comprising the following formula:

$$R^{3}$$
  $X^{2}$   $X^{2}$   $X^{2}$   $X^{1}$   $X^{1}$   $X^{1}$   $X^{1}$   $X^{2}$   $X^{2}$   $X^{2}$   $X^{1}$   $X^{1}$   $X^{2}$ 

wherein

n is an integer from 0 to 3;

X<sup>1</sup>---Y<sup>1</sup> represents a carbon-carbon triple bond;

X<sup>2</sup>---Y<sup>2</sup> represents a CH<sub>2</sub>-CH<sub>2</sub>;

Z-R<sup>4</sup> represents C=O; and

R<sup>2</sup> and R<sup>3</sup> are the same or are independently different from one another and represent a saturated or unsaturated hydrocarbon ring, or an ortho, meta or para-substituted benzene.

24. The compound of claim 23, wherein R<sup>2</sup> and R<sup>3</sup> are benzene rings.

- 25. The compound of claim 23, wherein R<sup>2</sup> and R<sup>3</sup> are substituted benzenes containing at least one substituent selected from the group consisting of methyl, ethyl, propyl, isopropyl, butyl, sec-butyl, isobutyl, carboxaldehyde, acetoxy, propionyloxy, isopropionyloxy, acetyl, propionyl, formyl, benzoyl, hydroxyl, methoxy, ethoxy, propoxy, isopropoxy, fluoro, chloro, bromo, iodo, and trifluoromethyl.
- 26. The compound of claim 23, wherein the compound is 2,6- *cis*-2-phenethynyl-6-phenethylperidin-4-one or 2,6-*trans*-2-phenethynyl-6-phenethylperidin-4-one
- 27. A method of treating an individual for dependence on a drug of abuse, withdrawal from a drug of abuse, an eating disorder, or a CNS disease or pathology comprising administering to the individual a therapeutically effect amount of a compound of claim 1.
- 28. A method of treating an individual for dependence on a drug of abuse, withdrawal from a drug of abuse, an eating disorder, or a CNS disease or pathology comprising administering to the individual a therapeutically effect amount of a compound of claim 5.
- 29. A method of treating an individual for dependence on a drug of abuse, withdrawal from a drug of abuse, an eating disorder, or a CNS disease or pathology comprising administering to the individual a therapeutically effect amount of a compound of claim 6.
- 30. A method of treating an individual for dependence on a drug of abuse, withdrawal from a drug of abuse, an eating disorder, or a CNS disease or pathology comprising administering to the individual a therapeutically effect amount of a compound of claim 11.
- 31. A method of treating an individual for dependence on a drug of abuse, withdrawal from a drug of abuse, an eating disorder, or a CNS disease or pathology comprising administering to the individual a therapeutically effect amount of a compound of claim 15.

- 32. A method of treating an individual for dependence on a drug of abuse, withdrawal from a drug of abuse, an eating disorder, or a CNS disease or pathology comprising administering to the individual a therapeutically effect amount of a compound of claim 22.
- 33. A method of treating an individual for dependence on a drug of abuse, withdrawal from a drug of abuse, an eating disorder, or a CNS disease or pathology comprising administering to the individual a therapeutically effect amount of a compound of claim 23.
- 34. A method of treating an individual for dependence on a drug of abuse, withdrawal from a drug of abuse, an eating disorder, or a CNS disease or pathology comprising administering to the individual a therapeutically effect amount of a compound of claim 26.